



Yuba-Sutter Healthcare Council 2011 Community Survey

In February 2011, the Yuba-Sutter Healthcare Council held a strategic planning session with the community. Prior to this session, surveys were widely distributed on the Internet and on paper. Ninety-eight surveys were returned. Though 98 surveys is not enough to reach statistical significance, they most likely represent responses from those members of our community most interested in the state of healthcare. It is therefore likely that this series of responses most reflects those in need of healthcare services and may be biased toward patients who already suffer from at least one chronic disease or are family members of one or more persons with at least one chronic disease. So while the sample is likely to be skewed, it is also likely to represent the people from whom we most need to hear.

Many of the questions asked about personal health status and individual involvement in the healthcare system regionally. Of note, more than two-thirds of survey respondents were unfamiliar with the Healthcare Council.

The most compelling information obtained came from the free response question "What would you like to see the Healthcare Council doing?"

Over 20 percent of the responses wanted the Council to take up the cause of patients and help them get the care they need. This is something the Council has taken to heart and will explore.

Ten percent wanted the Council to improve the quality of care that was locally available. This is an issue that the Council takes seriously and is working with local healthcare providers to achieve.

Another ten percent wanted the Council to work on community wellness. This is a current priority of the Council and we continue to work with local agencies to promote wellness, especially in the area of increasing activity and reducing obesity. The Council has purchased 200 pedometers which have been provided to Shady Creek to encourage local youth to be active.

Another ten percent felt that the Council should be more active in telling the community what it is doing. This is also an area where we need to develop an effective strategy, as evidenced by the high percentage of respondents who had never heard of the Council. While most of the remaining responses offered no additional suggestions and were more on the order of "keep it up".

And five percent felt that the Council should be promoting collaboration among medical providers. This is, in fact, a key component of what we do. Perhaps our improved messaging will make this more widely known.

This report is brief, but includes an appendix with all response totals so that readers may consider other conclusions, if any, on their own. Please do not hesitate to contact the Council if you wish to share suggestions or insights.

Yuba-Sutter Healthcare Council
1227 Bridge Street, Suite C, Yuba City, CA 95991
www.yubasutterhealthcarecouncil.org

Appendix A – Survey Response Totals

1. Would you say that in general your health is:

Excellent	Very good	Good	Fair
13	30	44	11

2. During the last 7 days, how many times did you exercise or do any other physical activity that made you sweat or breathe harder than normal? (Include physical labor at work)

Times per week	0	1	2	3	4	5	6	7	10
# of persons responding	13	12	21	15	8	17	5	3	1

3. Have you ever had asthma?

Yes	No
68	30

4. Have you ever had heart problems, such as a heart attack or heart disease?

Yes	No
5	91

5. Have you ever had diabetes (besides during pregnancy)?

Yes	No
9	89

6. How many servings of fresh fruit or fresh vegetables did you eat yesterday? (A serving would equal one medium apple, a handful of broccoli, or a cup of cut carrots.)

None	1	2-3	4-6	7 or more
4	24	49	19	2

7. How many times did you eat fast food in the past week?

None	1	2-3	4-6	7 or more
43	28	22	3	0

8. How safe is it where you live?

Very safe	Moderately Safe	Somewhat Safe	Somewhat Unsafe	Very Unsafe
45	41	9	2	1

9. Do you enjoy walking in your neighborhood?

Yes	No
82	16

10. Do you have health insurance or any other kind of health care plan?

Yes	No
84	14

11. In the past year, have you chosen NOT to see a doctor when you needed one for any of the following reasons (check all that apply):

Because of cost	No transportation	Couldn't find time to go	Didn't know where to go	Didn't think I would get help	For other reasons	No reasons stopped me
31	6	17	5	6	6	48

12. How do you feel about the quality of health care that you receive in our community?

Great	Good	Okay	Depends	Bad
17	29	15	29	5

13. Have you ever told anyone about the good or bad medical experience(s) that you have had?

Yes	No
66	30

14. Have you left our community in order to get medical services that you could have received locally?

Yes	No
38	58

15. Have you heard of the Yuba- Sutter Healthcare Council before now?

Yes	No
28	68

16. Were you aware that the Healthcare Council has been active in the healthcare reform discussion, supportive of community wellness, or is currently looking to share health information in our community electronically?

Yes	No
27	69

**17. What would you like to see the Healthcare Council be doing?
(over 60 percent of respondents offered advice)**

Act as local and regional ombudsman and advocate for patients	21	21 %
Promote quality healthcare by improving quality at the hospital and among providers	12	12 %
Promote community wellness	11	11%
Get the word out about the Council and what it does	10	10%
Promote cooperation, collaboration, and data sharing	6	6%
Actively stated no suggestion	10	10%
Did not answer	28	28%

18. How old are you?

under 21	21-30	31-40	41-50	51-65	over 65
8	29	15	14	23	5

19. What is your gender?

Male	Female
19	72

20. How tall are you?

under 4'9"	4'9"-5'0"	5'0"-5'3"	5'3"-5'6"	5'6"-5'9"	5'9"-6'0"	over 6'0"
0	6	24	26	23	9	6

21. How much do you weigh?

under 100 lbs.	100-150 lbs	150-200 lbs	200-250 lbs	250-300 lbs	over 300 lbs
3	31	37	16	4	2

22. Please enter your zip code: [19 did not respond]

95901	95991	95961	95993	95977	95918	95922	95932	95953	95965	95992
21	13	12	21	2	1	1	1	2	1	1